

Seitlin & Seitlin DDS
Informed Consent for Occlusal Equilibration

Patient Name:

Date of Birth:

I. Recommended Treatment

I hereby give consent to Dr. Seitlin to perform Occlusal Equilibration, or bite adjustment, on me or my dependent as follows (to be known as "Recommended Treatment"). I give consent for this Recommended Treatment and any such additional procedure(s) as may be considered necessary for my well-being based on findings made during the course of the Recommended Treatment. The nature and purpose of the Recommended Treatment have been explained to me and no guarantee has been made or implied as to result or cure. I have been given satisfactory answers to all of my questions, and I wish to proceed with the Recommended Treatment. I also consent to the administration of local anesthesia during the performance of the Recommended Treatment.

II. Discussion of Treatment

Occlusion is the term that means how the teeth fit together. These components in the mouth that affect occlusion include the TMJ joints, the biting muscles, the upper and lower jaws, gums and teeth. The resulting bite or occlusion can become misaligned when any one of these components are outside of their normal limits. When this happens it results in tooth sensitivity, pain, abnormal wear on teeth and restorations, or broken teeth and restorations. Occlusal equilibration is the altering of the biting surfaces of teeth with the intent to place them back to a normal position. How they got out of position is usually due to the accumulation of dental work, having teeth extracted, orthodontics, developmental defects, trauma, acid exposure to the mouth, and clenching or grinding habits.

III. Treatment Alternatives

Alternative methods of treatment and their pros and cons, have been explained to me, such as night guards, orthodontics, reconstructive dentistry, crowns, orthognathic surgery, and no treatment at all. However, I wish to proceed with the Recommended Treatment described above.

IV. Risks and Complications

- The bite feels different. This is normal and you will gradually accept this as your new bite.
- Reduction in tooth or restoration surface: When adjusting the biting surfaces, it is necessary to grind off the offending areas of enamel or restorative material. This is minimal in most areas.
- Restorative care needed afterwards: If one or more teeth are severely out of alignment more aggressive adjusting will be necessary. This could result in the tooth needing a restoration in the form of a filling, onlay or crown. Existing dental work may need to be replaced as well.
- Sensitive teeth: After adjustments the teeth may become sensitive. Topical application of a desensitizing gel can alleviate most symptoms. However, restorative care may be needed in the form of a filling, onlay, crown or root canal.
- Occlusal guard may be needed: After equilibration it may become necessary to wear an occlusal guard (bite splint) to continue protecting the teeth and maintain the bite.

By signing, I acknowledge I have been informed about the Recommended Treatment, alternatives, and risks and I wish to proceed.

Signature:

Date:

Relationship (if patient a minor):

Witness (signature):